Dear Parents,

As you know, last Wednesday our Year 9 students travelled to the Highfields Cultural Centre to participate in the YLead Altitude Day. Mr Mohr and Mrs Welsh assure me that the day was a huge success and that our students thoroughly enjoyed the opportunity to network with their peers from in and around Toowoomba, even though the early start at the James Byrnes Centre on The Great Dividing Range, was a little fresh!

On Friday, our students also participated in a workshop run by the Australian Defence Force. Our staff were very impressed by the enthusiasm of the two Army representatives, who were very engaging for our students. “On Friday Annie and John from the Australian Defence Force came to our school. They talked to us about their experiences in the Army and about how much fun they have. They explained that you have to complete year ten as a minimum standard in order to join the Army. They showed us it’s not all work as well, part of their job is playing sport against the Navy and Air Force. Every year each branch of the Defence Force have sporting competitions against each other and do their best to demolish the other side. They spoke about the opportunity to visit different places while on duty both in Australia and overseas including time off to explore and relax.” By John Radel

This week, our Year 9 students travelled to Wandoan to participate in a Queensland Minerals and Energy Academy (QMEA) workshop entitled ‘Expanding your Mind.’ Once again, it is a delight to be congratulating our students on their outstanding behaviour and their commitment to their studies. It has been a very busy few days for our secondary students as they engaged in these very valuable career-based presentations. Congratulations and well done to everyone involved.

I would like to thank our uniform models below. These two uniform options are the most recent selections from our P&C Executive. Please keep an eye out for the attached parent survey, where our executive welcomes your feedback in relation to not only our formal options, but all our uniform options at present.

Dale Magner
### STUDENTS OF THE WEEK

**Week 7**

- Breanna Moore
- Lawson Howe
- Jayden Newby
- Gracie Bunker
- Ainslie Lawson
- Alice Kallquist
- Zahran Kazi
- Kyle Batkines
- Patrick Little
- Krystal Becker
- Josh Clarris
- Cooper Walsh
- Lachlan Green
- Brydie Newton

### STARS OF READING

**Week 7**

- Jennifer Sommers
- Isobel Welsh
- Gracie Bunker
Y LEAD ALTITUDE EXCURSION

On Tuesday, 26th May the Year 9 students travelled to Toowoomba and attended the Southwest TAFE Open Day. We explored many different career paths and opportunities. We were also fortunate enough to participate in a professional photo shoot and saw a 3D printer in action. We stayed overnight at the James Byrne Centre, where we feasted on Eagle Boy’s pizza for dinner, followed by Taroom’s Got Talent, showing off our many talents from stand-up comedy to singing and storytelling.

Wednesday began with a 6:30 am start and breakfast at Macca’s. We then proceeded to the Highfields Cultural Centre where we attended the yLead ‘Altitude Day’. We were very lucky to meet and listen to three guest speakers including Caitlyn Shadbolt, the X-factor star from Gympie; Jack Sinclair, who has climbed Mt Kilimanjaro among many other physical challenges; and down-to-earth, motivational speaker, Rowie McEvoy who proudly owns a Lamborghini sports car! We were inspired, and have returned home, determined to eat healthy, be fit, plan ahead, and focus on schooling.

All Year 9 students enjoyed the overnight trip and found that it was a great experience. We thank Mr Mohr and Mrs Keryn Welsh for making this memorable excursion possible. Nadine Hay and Claudia Welsh
Our new Term focus is INTEGRITY. Teachers will be looking for students who show:

- I am Reliable
- I am Confident
- I am Trustworthy
- I have High Expectations
- I have School Pride

This week’s GOTCHA winners – are students who show I have High Expectations and joining the GOTCHA celebrations are: Tristan Zeller, Felicity Donner, Emily Lamb and Lucia Welsh.

**CAPTAIN COURAGEOUS SUPER HERO DAY**

Friday 5th June 2015

Show your courage and come dressed as your favourite hero for a gold coin donation supporting children with Bone Marrow Diseases.

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<tr>
<th>ITEM</th>
<th>PRICE</th>
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<td>Sausage on Bread</td>
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<td>Popper</td>
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**Sports News**

South West Cross Country

Congratulations to the Taroom students who competed in the SW Cross Country trials held in Mitchell last Friday, what a day!!!!! Nearly all Taroom students placed in the top ten, a huge effort, considering races had up to 40 students in them. Special congratulations to our Aged Champions, Kiah Malcolm, Dom Kallquist, Jack Hay and to Wesley Smith, Josh Rose, Grant Browning and Caitlin Walton on their selection in the South West team. We wish them the best of luck with their training in the upcoming weeks. Well done Taroom!
**Miles & District Softball Carnival**

Congratulations to all students who attended the softball carnival last week. Comments were heard around the cluster about the knowledge and skills all students took away from the day. Boys are set for cricket and girls are set for softball and cricket this year. Thank you to the parents who attended and supported the day as well as our tuckshop ladies who provided us with some great snacks. Special congratulations to our girls who were selected in the Miles and District team, Sophie Smith, Katie Bunker, Kasey Smith, Monika Bruggemann, Phoebe Lawardorn, Georgie Keating and Ally Graham. The girls will head to Quilpie next weekend to attend the South West trials, a great town that always supports South West sporting events and we will no doubt support them.

**Condamine League/Netball Carnival-TAROOM TEAMS CANCELLED**

Taroom will not be sending teams to the Condamine carnival due to the lack of availability of players and coaches.

**Miles and District Girls League**

The Miles and District League selections will be held on Friday June 5th at the Miles League Grounds (CHANGE OF VENUE). Good Luck to the girls attending the carnival.

The day will commence at 10.00am and finish at 2.00pm. The Day’s Outline is: Skill Session 1: 10.00am-11.30am Morning Tea Break  Skill Session 2: 11.45am-1.00pm Lunch Break Games: 1.30pm-2.00pm Canteen: Food and beverages will be available throughout the day. Please support the Miles State School.

**Physical Activity – Benefits**

**ARE YOU GETTING ENOUGH????**

For Children (5 to 12years) and Young People (13 to 17years), being physically active every day can have:

**Social benefits like:** Opportunities for fun with friends and family. Reduced anti-social behaviour, including aggressive and disruptive actions. Helping to develop co-operation and teamwork skills.

**Emotional and intellectual benefits, such as:** Improved self-esteem and confidence. Help with management of anxiety and stress. Improved concentration.

**Health Benefits, such as:** Promotion of healthy growth and development. Strong muscles and bones. Improved physical fitness, including co-ordination and movement skills. Reduced risk of disease and unhealthy weight gain.

**P&C and Community News**

**TUCKSHOP**

<table>
<thead>
<tr>
<th>Group 7 10th June</th>
<th>Workers</th>
<th>Cooks</th>
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</thead>
<tbody>
<tr>
<td>Gayle Bunker</td>
<td>Bec Fitzpatrick</td>
<td></td>
</tr>
<tr>
<td>Michelle Phipps</td>
<td>Kirsty Sommers</td>
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<td>Keryn Welsh</td>
<td>Jocelyn Smith</td>
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Next P & C General Meeting to be held on Tuesday, 9th June 2015 at 3.30pm in the school library – ALL WELCOME.